

CURRICULUM VITA

NAME: **Keith Nielsen Humphreys**

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EDUCATION:

A. M., Ph.D. Clinical/Community Psychology	University of Illinois Urbana, Illinois	1989-1993
B. A., <i>Summa Cum Laude</i> Psychology	Michigan State University East Lansing, Michigan	1984-1988

ACADEMIC APPOINTMENTS:

Professor (Research)	Department of Psychiatry Stanford University School of Medicine (Adjunct 1995-1998; Assistant Research Professor 1998-2001; Associate 2001-2007)	2007-Present
Affiliate Faculty	Center for Health Policy Stanford University	2003-Present
Visiting Professor	School of Psychology and Sport Sciences Northumbria University Newcastle-upon-Tyne, UK	2005
Voluntary Clinical Faculty	Department of Psychology University of California at Berkeley	1998-2000
Research Associate	Department of Psychiatric Medicine Michigan State University	1987-1989

MEDICAL CENTER AND POLICY APPOINTMENTS:

Research Career Scientist	Health Services Research & Development Service, Veterans Health Administration	2004-2009
Policy Fellow	Office of National Drug Control Policy The White House	2002
Director	Program Evaluation and Resource Center Department of Veterans Affairs (Associate Director, 1999-2001)	2001-2009
Research Psychologist	Center for Health Care Evaluation VA Palo Alto Health Care System	1993-2003

HONORS:

Distinguished Contribution to Psychology in the Public Interest, APA	2009
Outstanding VA Researcher Award, APA Division 18 (Public Service)	2009
Presidential Citation for Distinguished Service to APA Division 50 (Addictions)	2005
Distinguished Scientific Early Career Contribution to Addiction Research, APA	2003
Fellow, American Psychological Association (Divisions 27 and 50)	2001
Fellow, Society for Community Research and Action	2000
Veterans Affairs Health Care System Young Investigator Award	1998-1999
Rotterdam Addiction Research Institute Young Investigator Award	1996
American Psychological Association Dissertation Research Award	1993
Scheiderer Award for Outstanding Graduate Research	1992
University of Illinois Graduate Student Fellowships	1989 & 1991
Phi Beta Kappa, Mortar Board National Honor Society, National Merit Scholar	1984-1988

LICENSURE:

Licensed Clinical Psychologist State of California (PSY14906)	1996-Present
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PROFESSIONAL SERVICE:

Grant Proposal Review Committees

Standing Committee Member	Study section AA-2, health services research NIAAA, U.S. National Institutes of Health	2002-2006
	Scientific Conference Proposal Review Committee American Psychological Association	2002-2004
Center Grant Reviewer	Collaborative Minority Serving Institution Program NIAAA, U.S. National Institutes of Health	2003
	National Alcohol Research Centers Program NIAAA, U.S. National Institutes of Health	2002
	National Alcohol Research Centers Program Site visit and overall committee, NIAAA U.S. National Institutes of Health	2000
	Health Promotion Center Program, Medical Research Council, Republic of South Africa	1999
Special Emphasis Panel Member	RFA on Alcohol and Spirituality, NIAAA U.S. National Institutes of Health	2000
	RFA on: Youth Violence Intervention, U.S. NIH Office of Behavioral and Social Science Research	2000
Ad-Hoc proposal reviewer	Council for Working Life and Social Research Stockholm, Sweden	2007
	Special projects program Templeton Foundation	2006

BSTART Grant program NIAAA, U.S. National Institutes of Health	2003
Medical and Health Services Project Program, Health Research Board of Ireland	2001
New Clinical Initiatives Program, U.S. Department of Veterans Affairs	2000
Research Career Scientist Program, Ontario Mental Health Foundation	2000
Addiction Grants Program, Addiction Research Foundation, Ontario, Canada	1997-1998
Social Science Grants Program, Social Science and Humanities Research Council, Canada	1996-1997

Other National Committees

Member, Appointed by 2011 U.S. DHHS Secretary	National Advisory Council, Substance Abuse and Mental Health Services Administration	2007-
Member, Appointed by President of the United States	White House Advisory Commission on Drug-Free Communities	2006-2007
Member, Appointed by VA Undersecretary for Health	Committee on Care of Veterans with Serious Mental Illness	2005-2008
Member, Appointed by U.S. Veterans Affairs Secretary	Mental Health Task Force Department of Veterans Affairs	2006-2007
Member	Board of the International Society for the Study of Drug Policy	2007-2009
Member	International Advisory Committee SMART Recovery	2005-2009
Member	Scientific Advisory Board, Alcohol Research Group NIAAA National Alcohol Research Center	2004-2009
Member	Sarason Award Committee, American Psychological Assn and Society for Community Research & Action	2004-2007
Member	Board of Professional Affairs American Psychological Association	2004-2006
Member, Appointed by SAMHSA Administrator	Substance Abuse Treatment and Prevention Consultation Group, Office of the Administrator	2003-2006
Member	Advisory Committee, Peer-to-Peer Resource Center Depression and Bipolar Support Alliance	2004

Chairman, Substance use disorder committee	National Mental Health Strategic Plan Workgroup Veterans Health Administration	2003-2004
Member	Washington Circle on Behavioral Health Performance Measures, CSAT	2003-2009
Member	National Advisory Committee, QUERI Substance Abuse Module, Department of Veterans Affairs	2002-2009
Co-Chairman	SAMHSA/VA Workgroup on self-help groups, addictions and public policy	2001-2004
Member-at-Large	Executive Council of Division 50, American Psychological Association	2001-2003
Member	Research Advisory Board, OJJDP U.S. Department of Justice	2001-2004
Member	<u>Psychology of Addictive Behaviors</u> committee to Make PAB an APA journal (Chairman), committees To select editor (2003 and 2007)	2003-2007
Member	Addiction Practice Research Network Development Work Group, American Psychological Association	2001
Participant	Portfolio Review Committee, Treatment Branch, NIAAA, U.S. National Institutes of Health	1999
Member	Expert Panel on Mental Illness and Self-help Center for Mental Health Services, SAMHSA	1996
Member	Task Force on Self-help groups, Joint Commission For the Development of the Treatment Statistical Manual of Behavioral and Mental Disorders	1996

Editorial/Review Activities

Series Editor	<u>Addiction</u> (Treatment Horizons Series)	2003-2006
Editorial Board Member	<u>Addiction</u> <u>Addiction Research and Theory</u> <u>Alcohol Research and Health</u> <u>Journal of Community Psychology</u> <u>Journal of Studies on Alcohol</u> <u>Journal of Substance Abuse Treatment</u> <u>International Journal of Self-Help and Self-Care</u> <u>Psychology of Addictive Behaviors</u> <u>Journal for Specialists in Group Work</u>	2002-2009 2003-2009 2003-2007 2004-2009 2001-2009 2002-2009 2001-2009 2005-2008 1996-1999
Book Review Editor	<u>The Community Psychologist</u>	2000-2003
Associate Editor/Co-Founder	<u>International Journal of Self-Help and Self-Care</u>	1998-2000

Ad-Hoc Article Reviewer
2009

Acta Psychiatrica Scandanavia, Alcoholism: Clin

1992-

and Exper Research, American Journal Community Psychology, American Journal of Psychiatry, Archives of General Psychiatry, Behavior Therapy, Clinical Psychology Review, Cochrane Collaboration, Cognition and Emotion, Contemporary Drug Probs., Developmental Psychology, Drug and Alcohol Depend, Eval and Prog Planning, Evaluat Rev, Exper and Clin Psychopharmacol, Hlth Affairs, Health Educ and Behavior, Health Services Research, International Research Monographs on Addiction, J Applied Soc Psychol, J Behavioral Health Services and Research, J Consulting and Clinical Psychology, J Marriage and the Family, J Mental Health J Muslim Mental Health, J Nerv and Mental Disease, J Psychiatric Res, J of Social and Pers Relationships, J Substance Abuse, Medical Care, Pers and Social Psychology Bulletin, Prevention in Human Services, Professional Psychol, Psychiatric Serv, Pub Health Rep, Soc Science and Med, Social Serv Rev, Substance Abuse, Topics in Family Psychology and Counseling

Other Professional/Community Service

Volunteer Consultant	Iraq Ministry of Health Design and reconstruction of mental health system	2004-2009
Research Advisor	Office of Faith-Based and Community Initiatives The White House	2003-2008
Honorary Life Member	Psychiatry Journal Club, Ibn Rushd Hospital, Baghdad	2008-Present
Chairman	Faculty Advisory Council, Stanford Health Policy Forum Stanford University School of Medicine	2007-2009
Planning Committee Member	National Mental Health Conference Veterans Health Administration, Washington, DC	2007 and 2008
Delegate	U.S.-Mexico Drug Policy Meeting Represented Office of VA Undersecretary for Health	2004
Consultant	Office of Demand Reduction, White House Office of National Drug Control Policy	2001-2003
Consultant	Office of Governor Gray Davis/State of California Youth Correctional System	2001-2002
Member	Research and Development Committee VA Palo Alto Health Care System	2000-2004
Nominations Committee	American Psychological Association Division 27	1996-2002
Volunteer Counselor	Mid-Peninsula Hospice Program, Mt. View, California	1995-2003

Chairman	SCRA Self-Help Interest Group	1993-1997
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TEACHING:

Instructor/Coordinator	Addiction Psychiatry (12 week course, once/year) Residency Program in Psychiatry and Behavioral Sciences, Stanford University School of Medicine	2001-Present
Instructor	Program Evaluation (12 week course, once/year)	2004-2008
	Graduate psychology course in PGSP/Stanford Doctor of Psychology program	
Chairman/Member	Dissertations committees of doctoral students in counseling psychology studying health-related topics, School of Education, Stanford University	2000-Present
Guest Lecturer	Lecture regularly on addiction, self-help groups, and health care policy in VA Palo Alto, Stanford and UC-Berkeley courses on pathophysiology, clinical psychology, psychiatric medicine etc.	1996-Present
Preceptor	Health Services Research Postdoctoral Program Veterans Affairs HSR&D/Stanford University	1995-2009
Instructor	Short course: Treatment, prevention and legal Policy in the drug and alcohol field West Kent Social Care Trust, Maidstone, UK	2006
Developer	Course materials on alcohol self-help groups for NIAAA/NIH course for medical students	2005
Instructor	Short course: Cure and Care for Alcohol Problems Nordic School of Public Health, Gothenberg, Sweden	2004
Head Supervisor	Health Services Research Rotation, Clinical Psychology Internship Program, VAPAHCS	1998-2003
Supervisor	Community Psychology Intervention Practicum Dept. of Psychology, University of California-Berkeley	1998-2000
Instructor	Mental Health Risk in Communities and Individuals Johns Hopkins University School of Public Health, Institut de Salut Publica, Barcelona, Spain	2000
Instructor	Course: Clinical Psychology Department of Psychology, University of Illinois	1993

ACTIVE PEER-REVIEWED SCIENTIFIC GRANTS:

Principal Investigator, "Senior Research Career Scientist Award". RCS 04-141-2, Department of Veterans Affairs Health Services Research and Development Service. Direct cost: \$1,500,000.

This grant covers salary support and benefits for Dr. Humphreys to pursue health services research projects. Dr. Humphreys is one of five health services researchers in the VA to hold a senior career award, which runs for 7 years and is renewable.

Principal Investigator (w/Alex Sox-Harris) "Process quality measures of addiction care: Validation and Refinement", IIR 07-092-01, Department of Veterans Affairs Health Services Research and Development Service, 10/07-10/09, Direct Cost \$246,000.

Co-investigator, "Dual diagnosis self-help referral: Outcomes and services use", (PI: Christine Timko), VA Health Services Research and Development Service, IIR 05-014, 4/06-3/11, direct cost \$761,900

Co-investigator, "Ultra-brief intervention for problem drinkers", (PI: John Cunningham), National Institute of Alcohol Abuse and Alcoholism, NIH, R01 AA015680, Direct cost: \$1,089,300, 9/08-8/12.

Mentor, "Prescription Opioid Use, Misuse and Pain in Post-Surgical Patients", K23 Patient-oriented career development award for Ian Carroll, MD, National Institute on Drug Abuse (NIH), 9/08-9/13, Direct cost \$826,000.

SELECTED OTHER GRANTS COMPLETED AS PRINCIPAL INVESTIGATOR:

Principal Investigator, "Reducing or expanding substance use disorder treatment programs: Evaluating impact from the health care decision-makers' perspective", Robert Wood Johnson Foundation, Substance Abuse Policy Research Program, 9/05-7/09.

Principal Investigator, "Program Evaluation and Resource Center", Department of Veterans Affairs, Office of Mental Health Services, 10/01-5/09, Direct cost: \$12,000,000.

Principal Investigator, "Research Career Scientist Award". RCS 04-141-1, Department of Veterans Affairs Health Services Research and Development Service. 7/04-7/09, Direct cost: \$750,000.

Principal Investigator, "The epidemiology of problematic substance use behavior in the veteran population". Department of Veterans Affairs Epidemiology Research and Information Center. 1/1/05-12/30/05.

Principal Investigator, "Exclusion criteria in alcohol services research". R-01 AA 13315, National Institute on Alcohol Abuse and Alcoholism (NIH). 9/01-5/04.

Principal Investigator, "Clinical practices and outcomes in VA methadone maintenance programs", Veterans Affairs Quality Improvement Research Initiative, 7/00-10/03, Direct Cost \$669,000.

Principal Investigator, "Access to a self-help organization for problem drinkers", National Institute on Alcohol Abuse and Alcoholism (NIH), grant AA11700, 8/97-8/00.

Principal Investigator, "Outcomes and cost offset of Alcoholics Anonymous", National Institute on Alcohol Abuse and Alcoholism (NIH), grant AA10652, 3/95-8/96.

Principal Investigator, "Expanding participation in self-help groups to enhance health and well-being in two major urban centers", The California Wellness Foundation, 7/00-7/02.

Principal Investigator, "Enhancing participation in and health outcomes of self-help groups", The California Endowment and The California Wellness Foundation, 7/98-12/98.

JOURNAL ARTICLES:

- Humphreys, K. (in press). Responding to the psychological impact of war on the Iraqi people and U.S. veterans: Mixing icing, praying for cake. American Psychologist.
- Humphreys, K. (in press). But patients like mine were excluded from that trial!: A challenge to evidence-based addiction treatment. New Directions in Alcohol Studies.
- Humphreys, K. (2009). Searching where the light is worse: Overemphasizing genes and underplaying environment in the quest to reduce substance misuse. Clinical Pharmacology and Therapeutics, 85, 357-358.
- Humphreys, K., Harris, A.H.S., & Kivlahan, D. (2009). Performance monitoring in the Department of Veterans Affairs. American Journal of Drug and Alcohol Abuse, 35, 123-127.
- Al-Hasnawi, S. M ; Aqrabi, R., Sadik, S., & Humphreys, K. (2009). Iraqi psychiatrists' perceptions of drug use among their patients. Psychiatric Services, 60, 728.
- Aqrabi, R., & Humphreys, K. (in press). Responding to rising substance misuse in Iraq. Substance Use and Misuse, 44.
- Harris, A.S., Humphreys, K., Bowe, T., Kivlahan, D., & Finney, J. W. (2009). Measuring the quality of substance use disorder treatment: Evaluating the validity of the VA continuity of care performance measure. Journal of Substance Abuse Treatment, 36, 294-305.
- Harris, A.S., Humphreys, K., Bowe, T. & Finney, J. W. (in press). HEDIS initiation and engagement quality measures of substance use disorder care: Impacts of setting and health care specialty. Population Health Management.
- Harris, A.S., Humphreys, K., Bowe, T., Tiet, Q., & Finney, J. W. (in press). Does meeting the HEDIS substance abuse treatment engagement criteria predict patient outcomes? Journal of Behavioral Health Services Research.
- Harris, A. H. S. , Kivlahan, D., Bowe, T., Finney, J.W. & Humphreys, K. (in press). Developing and validating process measures of health care: An application to alcohol use disorder treatment. Medical Care.
- McKay, J. R., Carise, D., Dennis, M. L., DuPont, R., Humphreys, K. et al. (2009). Extending the benefits of addiction treatment: Practical strategies for continuing care and recovery. Journal of Substance Abuse Treatment, 36, 127-130.
- Melberg, H. O., & Humphreys, K. (in press). Ineligibility and refusal to participate in randomised trials of treatments for drug dependence Drug and Alcohol Review.
- Schutte, K., Yano, E. M., Kilbourne, A. M., Wickrama, B., Kirchner, & Humphreys, K. (2009). Organizational characteristics of primary care practices that manage patients' alcohol use disorders. Journal of Substance Abuse Treatment, 36, 435-445.
- Whelan, P.J., Marshall, E. J., Ball, D. M., & Humphreys, K. (in press). The role of AA sponsors: A pilot study. Alcohol and Alcoholism.
- Humphreys, K. (2008). Can Dr. Orford's patient be saved? Addiction, 103, 887-888.

- Humphreys, K., Harris, A.S., & Weingardt, K. (2008). Subject eligibility criteria can substantially influence the results of alcohol treatment outcome research. Journal of Studies on Alcohol and Drugs, 69, 757-764.
- Humphreys, K., Trafton, J. A., & Oliva, E. M. (2008). Does following research-derived practice guidelines improve opiate dependent patients' outcomes under everyday practice conditions?: Results of the Multisite Opiate Substitution Treatment (MOST) Study. Journal of Substance Abuse Treatment, 34, 173-179.
- Cunningham, J. A., Neighbors, C., Wild, T.C., & Humphreys, K. (2008). Ultra-brief intervention for problem drinkers: Research protocol. BMC Public Health, 8, 298.
- Fogel, J., Ribisl, K. M., Morgan, P. D., Humphreys, K., & Lyons, E. J. (2008). The under-representation of African-Americans in online cancer support groups Journal of the National Medical Association, 100, 705-712.
- Greenfield, T. K., Stoneking, B. C., Sundby, E., Bond, J., & Humphreys, K. (2008). A randomized trial of a mental health consumer-managed alternative to civil commitment. American Journal of Community Psychology, 42, 135-144.
- Lillis, J., Gifford, E., Humphreys, K., & Moos, R. (2008). Assessing spirituality/religiosity in the treatment environment: The treatment spirituality/religiosity scale. Journal of Substance Abuse Treatment, 35, 427-433.
- Pistrang, N., Barker, C., & Humphreys, K. (2008). A review of mutual help interventions for mental health. American Journal of Community Psychology, 42, 110-121.
- Harris, A.S., Humphreys, K., & Finney, J.W. (2007). Veterans Affairs facility performance on Washington Circle Indicators and casemix-adjusted treatment effectiveness. Journal of Substance Abuse Treatment, 33, 333-339.
- Karlin, B., & Humphreys, K. (2007). Improving Medicare coverage of psychological services for older Americans. American Psychologist, 62, 637-649.
- Trafton, J.A., Humphreys, K., Harris A.S., & Oliva, E. (2007). Patients attending opioid substitution treatment clinics that adhere more closely to clinical practice guidelines have better one-year substance use and mental health outcomes. Journal of Behavioral Health Services Research, 34, 260-271.
- Wagner, T. H., Harris, K. M., Federman, B., Dai, L., Luna, Y. Humphreys, K. (2007). Prevalence of drug, alcohol and cigarette use among veterans and comparable non-veterans from the National Survey on Drug Use and Health. Psychological Services, 4, 149-157.
- Humphreys, K., & Moos, R. (2007). Two year clinical and cost offset outcomes of facilitating 12-step self-help group participation. Alcoholism: Clinical & Experimental Research, 31, 64-68.
- Humphreys, K., Weingardt, K., & Harris, A. (2007). The influence of subject eligibility criteria on compliance with National Institutes of Health guidelines for inclusion of women, minorities and children in treatment research. Alcoholism: Clinical and Experimental Research, 31, 988-995.
- Gifford, E., & Humphreys, K. (2007). Psychological science and the addictions. Addiction, 102, 352-361.
- Trafton, J. A., Tracy, S. W., Oliva, E. M., & Humphreys, K. (2007). Different components of opioid-substitution treatment predict outcomes of patients with and without a parent with substance use problems. Journal of Studies on Alcohol and Drugs, 68, 165-172.

- Tracy, S., Trafton, J., Weingardt, K., Aton, E., & Humphreys (2007). How are substance use disorders addressed in VA psychiatric and primary care settings?: Results of a national survey. Psychiatric Services, 58, 266-269.
- Humphreys, K. (2006). Swimming to the horizons: Reflections on a special series. Addiction, 101, 1238-1240.
- Humphreys, K. (2006). The trials of Alcoholics Anonymous. Addiction, 101, 617-618.
- Humphreys, K., & Sadik, S. (2006). Improving mental health services in Iraq. Behavioral Healthcare, July, 34-35.
- Humphreys, K., & Wilbourne, P. (2006). Knitting together some ripping yarns. Addiction, 101, 4-5.
- Cunningham, J. A., Selby, P. L., Kypri, K. & Humphreys, K. (2006). Access to the Internet among drinkers, smokers and illicit drug users: Is it a barrier to the provision of interventions on the World Wide Web? Medical Informatics and the Internet in Medicine, 31, 53-58.
- Cunningham, J. A., Humphreys, K., Koski-Jännes, A, Kypri, K. & van Mierlo, T.. (2006). Formative evaluation and three-month follow-up of an online personalized assessment feedback intervention for problem drinkers. Journal of Medical Internet Research, 8, e5(pp1-9).
- Ilgen, M., Trafton, J. A., & Humphreys, K. (2006). Response to methadone maintenance treatment of opiate dependent patients with and without pain. Drug and Alcohol Dependence, 82, 187-193.
- Klaw, E., Horst, D., & Humphreys, K. (2006). Inquirers, triers and buyers of an alcohol harm reduction self-help organization. Addiction Research and Theory, 14, 527-535.
- Trafton, J. A., Minkel, J., & Humphreys, K. (2006). Post traumatic stress disorder does not adversely affect substance use outcomes in Opioid Substitution Treatment (OST). Journal of Studies on Alcohol, 67, 228-235.
- Trafton, J. A., Minkel, J., & Humphreys, K. (2006). Determining effective methadone doses for individual opioid dependent patients: Factors associated with methadone tolerance. PLOS Medicine, 3, 80-88.
- Villafranca, S. W., McKellar, J. D., Trafton, J. A., & Humphreys, K. (2006). Predictors of Retention in methadone programs: A signal detection analysis. Drug and Alcohol Dependence, 83, 218-224.
- Humphreys, K. (2005). From addiction treatment research reviews to better widgets. Addiction, 100, 751-754.
- Humphreys, K. (2005). Horizons of the treatment enterprise. Addiction, 100, 445-446.
- Humphreys, K., Weingardt, K. R., Horst, D., Joshi, A. A., & Finney, J. W. (2005). Prevalence and predictors of research participant eligibility criteria in alcohol treatment outcome studies, 1970-1998. Addiction, 100, 1249-1257.
- Cunningham, J.A., Humphreys, K., Koski-Jännes, A., & Cordingley, J. (2005). Internet and paper self-help materials for problem drinking: Is there an additive effect? Addictive Behaviors, 30, 1517-1523.
- Harris, A., Thoreson, C., Humphreys, K., & Faul, J. (2005). Does expressive writing affect asthma?: A randomized trial. Psychosomatic Medicine, 67, 130-136.

- Mikami, A. Y., Boucher, M. A., & Humphreys, K. (2005). Prevention of peer rejection through a classroom-level intervention in middle school. Journal of Primary Prevention, 26, 5-23.
- Möggli, F., Giovanoli, A., Sutter, M., & Humphreys, K. (2005). Validity and reliability of the German version of the Short Understanding of Substance Abuse Scales. European Addiction Research, 11, 172-129.
- Trafton, J. A., Humphreys, K., Kivlahan, D., & Willenbring, M. (2005). Barriers to implementation of evidence-based practice: The case of methadone maintenance. Journal of Addictive Diseases, 24, 93-108.
- Villafranca, S., Weingardt, K. R., Cunningham, J., & Humphreys, K. (2005). Providing normative feedback on the Internet to stimulate self-evaluation of alcohol, tobacco and cannabis use. International Journal of Self-Help and Self-Care, 3, 87-101.
- Humphreys, K. (2004). A few apologies, but no regrets. Addiction, 99, 155-156.
- Humphreys, K. (2004). Tale telling in an alcohol mutual help organization. New Directions in Alcohol Studies, 29, 33-44.
- Humphreys, K., Macus, S., Stewart, E., & Oliva, E. (2004). Expanding self-help group participation in culturally diverse urban areas: Media approaches to leveraging referent power. Journal of Community Psychology, 32, 413-424.
- Humphreys, K., Wing, S., McCarty, D., Chappel, J., Gallant, L., Haberle, B., Horvath, A. T., Kaskutas L. A., Kirk, T., Kivlahan, D., Laudet, A., McCrady, B.S., McLellan, A.T., Morgenstern, J., Townsend, M., & Weiss, R. (2004). Self-help organizations for alcohol and drug problems: Towards evidence-based practice and policy. Journal of Substance Abuse Treatment, 26, 151-158.
- (Reprinted (2005). Drug and Alcohol Findings London: National Addiction Center)
(Reprinted in Greek translation (2006). Society and Mental Health)
- McKellar, J. D., Piette, J.D., & Humphreys, K. (2004). Depression increases diabetic symptoms by complicating patients' self-care adherence. Diabetes Educator, 30, 485-492.
- Trafton, J. A., Oliva, E. M., Horst, D. A., Minkel, J.D., & Humphreys, K. (2004). Treatment needs associated with pain in substance dependent patients: Implications for concurrent treatment. Drug and Alcohol Dependence, 73, 23-31.
- Humphreys, K. (2003). A research-based analysis of the Moderation Management controversy. Psychiatric Services, 54, 621-622.
- Humphreys, K. (2003). Systems for planning and delivering services for alcohol-related problems. Addiction, 98, 1362-1363.
- Humphreys, K. (2003). Initial lessons for psychologists who wish to use research to improve federal policies concerning addictive and psychiatric disorders. Community Psychologist, 36, 41-42.
- Humphreys, K. (2003). Do participants in alcoholism treatment outcome studies resemble patients seen in everyday practice? Psychiatric Services, 54, 1576.
- Humphreys, K., Trafton, J., Wagner, T. (2003). Estimating the cost of Institutional Review Board procedures in multi-center treatment research. Annals of Internal Medicine, 139, 77.
- Humphreys, K., & Tucker, J. A. (2003). Shades of grey: Understanding consumer demand for alcohol-related services in a pluralistic marketplace. Frontlines, June, 7-8.

- Klaw, E., Luft, S., & Humphreys, K. (2003). Characteristics and motives of problem drinkers seeking help from Moderation Management self-help groups. Cognitive and Behavioral Practice, 10, 385-390.
- Lieberman, M. A., Golant, M., Giese-Davis, J., Benjamin, H., Humphreys, K., Kronenwetter, C., Russo, S., Winzelberg, A., & Spiegel, D. (2003). Electronic support groups for breast carcinoma: A clinical trial of effectiveness. Cancer, 97, 920-925.
- McKellar, J. D., Stewart, E., & Humphreys, K. (2003). AA involvement and positive alcohol-related outcomes: Cause, consequence, or just a correlate? Journal of Consulting and Clinical Psychology, 71, 302-308.
- Owen P., Slaymaker, V., Tonigan, J. S., McCrady, B. S., & Epstein, E. E., Kaskutas, L. A., Humphreys, K., & Miller, W. R. (2003). Participation in Alcoholics Anonymous: Intended and unintended change mechanisms. Alcoholism: Clinical and Experimental Research, 27, 524-532.
- Humphreys, K., & Horst, D. (2002). Moving from inpatient to residential substance abuse treatment in the Veterans Health Administration. Psychiatric Services, 53, 927.
- Humphreys, K., & Tucker, J. (2002). Towards more responsive and effective intervention systems for alcohol-related problems. Addiction, 97, 126-132.
- Humphreys, K., & Tucker, J. (2002). Romance, realism, and the future of alcohol intervention systems. Addiction, 97, 139-140.
- Kaskutas, L. A., Bond, J. A., & Humphreys, K. (2002). Social networks as mediators of the effect of Alcoholics Anonymous. Addiction, 97, 891-900.
- Humphreys, K., & Klaw, E. (2001). Can targeting non-dependent problem drinkers and providing internet-based services expand access to assistance for alcohol problems?: A study of the Moderation Management self-help/mutual aid organization. Journal of Studies on Alcohol, 62, 528-532.
- Humphreys, K., & Moos, R. H. (2001). Can encouraging substance abuse inpatients to participate in self-help groups reduce demand for health care?: A quasi-experimental study. Alcoholism: Clinical and Experimental Research, 25, 711-716.
- Mankowski, E., Humphreys, K., & Moos, R. H. (2001). Individual and contextual predictors of involvement in twelve step self-help groups after substance abuse treatment. American Journal of Community Psychology, 29, 537-563.
- Ouimette, P. C., Humphreys, K., Moos, R. H., Finney, J. W., Cronkite, R. C., & Federman, B. (2001). Self-help group participation among substance abuse disorder patients with posttraumatic stress disorder. Journal of Substance Abuse Treatment, 20, 25-32.
- QUERI Substance Abuse Module and Executive Committee (K. Humphreys second author). (2001). Treatment for opiate dependence. VA Practice Matters, 6, 1-6.
- Cunningham, J. A., Humphreys, K., Koski-Jännes, A. (2000). Providing personalized assessment feedback for problem drinking on the internet: A pilot project. Journal of Studies on Alcohol, 61, 794-798.
- Humphreys, K. (2000). On giving birth: Goodbye and thank you from the associate editor. International Journal of Self-Help and Self-Care, 1, 193-194.
- Humphreys, K., & Weingardt, K. R. (2000). Assessing readmission to substance abuse treatment as an indicator of outcome and program performance. Psychiatric Services, 51, 1568-1569.

- Humphreys, K. (2000). Beyond the mental health clinic: New settings and activities for clinical psychology internships. Professional Psychology, 31, 300-304.
- Humphreys, K. (2000). Community narratives and personal stories in Alcoholics Anonymous. Journal of Community Psychology, 28, 495-506.
- Humphreys, K., Winzelberg, A., & Klaw, E. (2000). Psychologists' ethical responsibilities in internet-based groups: Issues, strategies, and a call for dialogue. Professional Psychology, 31, 493-496.
- (Reprinted (2004). In D. N. Bersoff (Ed.), Ethical conflicts in psychology, 3rd edition. Washington, DC: American Psychological Association).
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Humphreys, K., & Klaw, E. (1999). Expanding the self-help group movement to improve community health and well-being. Briefing paper prepared for The California Endowment and The California Wellness Foundation.

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- Humphreys, K. (in press). Review of Research in Alcoholics Anonymous and spirituality in addiction recovery, Volume 18 of Recent Developments in Alcoholism.
- Humphreys, K. (2007). Review of Alcohol, addiction and Christian ethics. Addiction, 102, 1989-1990.
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- Lee, S., Cappella, E., & Humphreys, K. (2000). Review of Common Purpose: Strengthening families and neighborhoods to rebuild America by Lisbeth Schorr. Community Psychologist, 33, 19-20.
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SELECTED POLICY AND SCIENCE BRIEFINGS:

- Humphreys, K. (2009, March). Building evidence-based heroin addiction treatment systems that promote public health and public safety. Briefing for Tory Shadow cabinet and backbench members of Parliament, Portcullis House, London, UK.
- Humphreys, K. (2006, February). The epidemiology of substance use among veterans. Briefing for the White House Office of National Drug Control Policy, Executive Office of the President, Washington, DC.
- Suchinsky, R. S., Humphreys, K., & Markie, P. (2004, December). Drug control programs in the Department of Veterans Affairs. Briefing for Subcommittee on Criminal Justice, Drug Policy and Human Resources, Government Reform Committee, U.S. House of Representatives (Chair, Rep. Mark Souder).
- Humphreys, K. (2004, June). Research on the outcomes of faith-based organizations. Chair of panel at First National White House Conference on Faith-Based and Community Initiatives, Washington.
- Humphreys, K., Gifford, E., & Waldroup, W. (2003, December). Scientific evidence relevant to the Access to Recovery Initiative. Briefing for the White House Office on Faith-Based and Community Initiatives.

Suchinsky, R. S., & Humphreys, K. (2003, March). Substance abuse treatment in the Veterans Health Administration: Trends in access, quality and funding. Briefing for U.S. Senator Joseph Biden.

Humphreys, K. (2003, January). Clinical and cost-effectiveness of self-help groups for addictive and psychiatric disorders. Briefing for the Committee on the Care of Seriously Mentally Ill Veterans (U.S. Senate Chartered committee), Washington, DC.

Humphreys, K. (2001, February). Addiction self-help organizations: Research findings and policy options. Presentation to The White House Office of National Drug Control Policy, Executive Office of the President, Washington, DC.

SELECTED INVITED PRESENTATIONS TO SCIENTIFIC SOCIETIES AND INSTITUTES:

Humphreys, K. (2009, April). But patients like mine were excluded from that trial!: A challenge to evidence-based addiction treatment. Keynote address, New Directions in Alcohol Study Group, Belfast, Northern Ireland.

Humphreys, K. (2009, March). A professional perspective on mutual help organisations for addictions. Scotland Futures Forum, Scottish Parliament, Edinburgh.

Humphreys, K. (2009, March). One flew over the is-ought gap: Why many academics underestimate the influence of science on U.S. drug policy. International Society for the Study of Drug Policy, Vienna.

Humphreys, K. (2008, November). Why cost offset studies do not convince medical centers to expand treatment for substance use disorders. Society for the Scientific Study of Addiction, York, UK.

Humphreys, K. (2008, November). But patients like mine were excluded from that trial!: A challenge to evidence based addiction treatment. Postgraduate Psychiatry Rounds, Leicestershire Partnership, Leicester, UK.

Humphreys, K. (2008, October). Addiction in Iraq. Colloquium at the Center on Addiction and Mental Health, Toronto.

Humphreys, K. (2008, September). Responding to rising substance misuse in Iraq. Rounds at Maudsley Hospital, London.

Humphreys, K. (2008, July). Expanding mental health services in a war-torn country. Colloquium at the Department of Human Services Psychology, University of Maryland-Baltimore County.

Humphreys, K. (2008, May). The status of mental health services in Iraq. Presented at 3rd Iraq Health Forum, Institute of Medicine, Washington DC.

Humphreys, K. (2008, April). Providing services for psychiatric disorders in correctional facilities. Presentation at CME Psychiatry Course, Irbil, Iraq.

Humphreys, K. (2008, April). Is it in medical centers' economic self-interest to provide drug treatment?: A cost-consequence study from a national health care system. International Society for the Study of Drug Policy, Lisbon.

Humphreys, K. (2007, November). Circles of Recovery: What does science tell us about self-help groups for addictions. Plenary address, 31st Annual National Conference of the Association for Medical Education and Research in Substance Abuse, Washington, DC.

Humphreys, K. (2007, October). Culture, spirituality and mutual help for addiction. Keynote address at the conference on self-help groups for alcohol and drugs, Alessandria, Italy.

- Humphreys, K. (2007, October). Continuity of care guidelines for participation in mutual help organizations before, during and after addiction treatment. Invited presentation to the Betty Ford Institute Consensus Conference, Palm Springs, CA.
- Humphreys, K. (2007, June). Sisyphus in Mesopotamia: Rebuilding Iraq's mental health and addiction care system. Grand Rounds, Department of Psychiatry, Stanford University.
- Humphreys, K. (2007, March). Exclusion criteria as a barrier to generalizability in alcohol treatment research. Invited colloquium, National Center for Health Research and Knowledge, Oslo.
- Humphreys, K. (2007, January). Towards empirically informed treatments for drug and alcohol dependence. Georgetown University/RAND Public Health Policy Series, Washington, DC.
- Humphreys, K. (2006, December). Is research promoting progress in the addiction treatment field? Institute of Psychiatry at the Maudsley and King's College, London, UK.
- Humphreys, K. (2006, June). Recovery support services. Panel at the College of Problems in Drug Dependence. Scottsdale, AZ.
- Humphreys, K. (2006, March). Responding to drug problems in Iraq. Second national mental health action planning conference on Iraq, Cairo, Egypt.
- Humphreys, K. (2006, February). New developments in addiction treatment. Colloquium at Department of Psychology, University College, London, UK.
- Humphreys, K. (2006, February). Evidence-based medicine in the addiction treatment field: A tale of two studies. Invited seminar at Swedish National Center for Study of Drugs and Alcohol, Stockholm.
- Humphreys, K. (2005, December). Self-help organizations for addiction: Toward evidence-based practice and policy. Sixth Annual Conference on Gambling and Addiction, Las Vegas.
- Humphreys, K. (2005, November). Mediators and moderators of the effects of 12-step group participation. Keynote address, Australasian Society on Alcohol and Drugs, Melbourne.
- Humphreys, K. (2005, September). Recovery, spirituality and addiction. Keynote address, Society for Advancement for Sexual Health, San Francisco.
- Humphreys, K. (2005, September). Drug abuse and treatment in Iraq. International conference on drug treatment delivery systems, Istanbul, Turkey.
- Humphreys, K. (2005, July). Professional perspective on Alcoholics Anonymous. AA International Convention, Toronto.
- Humphreys, K. (2005, June). Disseminating science to policy makers. UNC Comprehensive Cancer Center conference on dissemination, Chapel Hill, NC.
- Humphreys, K. (2005, May). Circles of recovery. Special symposium with Charles Curie and James Haveman, West Kent NHS and Social Care Trust, Maidstone, UK.
- Humphreys, K. (2005, April). 12-step mutual support organizations for addictions. International Society for Addiction Medicine, Buenos Aires, Argentina.
- Humphreys, K. (2005, March). Creating a health care informatics systems for Iraq. Action planning

conference for Iraq mental health, Amman, Jordan.

- Humphreys, K., Trafton, J., & Oliva, E. (2005, February). Does following clinical practice guidelines matter in the real world of heroin dependence treatment? Plenary presentation, Annual HSR&D Meeting, Washington, D.C.
- Humphreys, K. (2004, November). Addiction treatment research: What do we really know? Plenary talk at the ceremony commemorating the retirement of Griffith Edwards as editor of *Addiction*. Society for the Study of Addiction, York, UK.
- Humphreys, K. (2004, October). Dr. Smith goes to Washington: Can science inform federal alcohol and drug policy? Colloquium at the Prevention Research Center, Berkeley, California.
- Humphreys, K., & Gifford, E. (2004, October). How can religious and mutual help organizations combat troublesome use of substances? Paper presented at Robert Wood Johnson Foundation/University of New Mexico CACTUS conference, Albuquerque, New Mexico.
- Humphreys, K. (2004, October). Twelve-step groups, spirituality, and recovery from addiction. Keynote address at the 1st Annual Scientific Conference on Addiction Medicine, White Plains, New York.
- Humphreys, K. (2004, June). Substance use self-help groups: Current knowledge and future directions. Opening address, self-help group research pre-conference, Research Society on Alcoholism, Vancouver, British Columbia.
- Humphreys, K. (2004, April). Storytelling in an alcohol self-help organizations. Conference on New Directions in Alcohol, Carnaerfon, Wales, UK.
- Humphreys, K. (2004, April). 12-step philosophy and its impact in the United States. National Addiction Centre, London, UK.
- Humphreys, K. (2004, March). Nature, effectiveness and mediators of mutual help groups for substance abuse. Colloquium at the Department of Psychology, George Washington University, Washington, DC.
- Humphreys, K. (2003, October). National outcome evaluations of substance abuse treatment systems: What do we know and what do we need to know?. Plenary symposium, American Society of Addiction Medicine, Washington, DC.
- Humphreys, K. (2003, May). Do exclusion criteria reduce the generalizability of alcohol treatment research?. Colloquium at the Canadian Addiction and Mental Health Institute, Toronto.
- Humphreys, K. (2003, February). Never swear back at a president: Guidelines for influencing the federal policy making process. Presentation to the San Francisco Bay Area Community Psychology Association, UCSF.
- Humphreys, K. (2002, November). Towards evidence-based practices and policies related to addiction self-help organizations. State Systems Development Conference, Washington DC.
- Humphreys, K. (2002, October). The future of alcohol treatment systems. Colloquium at the Centre for Social Research on Alcohol and Drugs. Stockholm, Sweden.
- Humphreys, K. (2002, October). Behavioral components of addiction. California Society of Addiction Medicine Conference, Newport Beach, California.

- Kelly, J.F. & Humphreys, K. N. (2002, October). Substance use disorders and juvenile justice. Institute presentation, American Assn of Child & Adolescent Psychiatry Conference, San Francisco.
- Humphreys, K. (2002, March). Invited discussant of presentation on perceptions of time and the future among drug dependent individuals. Conference on Choice, Behavioral Economics and Addiction. University of Alabama-Birmingham.
- Humphreys, K. (2001, June). Connecting addiction treatment science with addiction treatment policy. Colloquium at the Department of Psychology, University of California-Berkeley.
- Humphreys, K., Winzelberg, A., & Taylor, C. B. (2001, May). Ethical and legal aspects of electronically-mediated intervention. Plenary session address to the Academy of Eating Disorders, Vancouver, British Columbia.
- Humphreys, K. (2001, March). The role of voluntary associations in the de facto system of care for substance abuse disorders in the United States. Colloquium at the Institute for Behavioral Research, University of Georgia, Athens, GA.
- Humphreys, K. (2000, October). Many journeys, one road: Concepts of recovery across different self-help organizations. Presentation to Roundtable on Models and Measurement of the Recovery Process The Butler Research Center for Research at Hazelden, Center City, MN.
- Humphreys, K., Cunningham, J., & Lieberman, M. A. (2000, June). Practical lessons learned from three Internet-based health services research projects. Presentation to the Annual Meeting of the Association of Health Services Research, Los Angeles, CA.
- Humphreys, K. (2000, April). Thrills! Spills! Mystery! Romance!; Strategies for maintaining passion, relevance and meaning in a psychological research career. Invited address to the Western Psychological Association, Portland, OR.
- Humphreys, K. (1999, November). Existing knowledge and potential future directions for alcohol self-help group research. Presented to the National Institute of Alcohol Abuse and Alcoholism, Treatment Research and Prevention Branch, Washington, D.C.
- Humphreys, K. (1999, June). Formal and informal interventions for alcohol problems: Extensity is more important than intensity. Plenary address to the Kettill Bruun Society, Montreal, Quebec.
- Humphreys, K. (1998, November). A psychological and personal perspective on hospice services. Presented at Seton Medical Center, Daly City, CA.
- Humphreys, K. (1998, September). Self-help groups, health care and health promotion. Presented at St. John's Hospital, Santa Monica, CA.
- Humphreys, K. (1998, May). The effectiveness of addiction self-help organizations. Colloquium at the Addiction Research Foundation, Toronto.
- Humphreys, K. (1998, April). Mediators of change in Alcoholics Anonymous. Colloquium at the Department of Psychology, Wichita State University, Wichita, Kansas.
- Humphreys, K. (1998, February). An overview of self-help group research. Presentation to the National Network of Self-Help Clearinghouses, Los Angeles.
- Humphreys, K. (1998, February). What does the future hold for intervention psychology? Colloquium at the Department of Psychology, University of Maryland, Baltimore.

Humphreys, K. (1997, April). Towards a broader perspective on researching addiction-related self-help/mutual aid organizations. Award address at the Cities and Addiction conference, Addiction Research Institute, Rotterdam, The Netherlands.

Humphreys, K. (1993, March). Understanding African-American participation in mutual aid organizations. Presentation to National Institute of Mental Health research workshop, University of Michigan, Ann Arbor.